



September 15, 2011

FOR IMMEDIATE RELEASE:

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**Shop with the Chef – a culinary program
from the Los Alamos Co-op**

What: Shop with a Chef
When: Monday, October 3, 2011
6 p.m. – 7:30 p.m.
Where: Los Alamos Co-op, 95 Entrada Drive
Cost: \$15. Reservations by calling 695-1579

Learning to cook begins with learning what to look for in the ingredients you're cooking with. So to begin our Cooking Lessons program, we start with a lesson in shopping. The Co-op is proud to announce our first professional chef-led program, "Shop with the Chef."

Bishop's Lodge Executive Chef Christopher McLean will walk us through the store and talk about what to look for in produce, meat and cheese, and bulk items. Chef will prepare a sample taste of some special creations to conclude our program. This is a members-only event, so please sign up early by calling 695-1579.

About Chef McLean:

Chef McLean is Executive Chef at Bishop's Lodge Ranch Resort & Spa and he has worked with top chefs across the globe.

Drawing from French, Spanish, New Mexican, Mexican and Native American influences, his menu at Las Fuentes Restaurant at Bishop's Lodge is farm fresh and locally sustainable, including products from New Mexico farmers, ranchers, brewers and wine makers.

Texan by birth, Chef McLean's work has taken him across the globe, most recently to West Africa, where he was the Executive Chef of Golden Tulip, a large Dutch hotel in Accra, Ghana. He cooked for royalty and heads of state on a regular basis, led the Netherlands culinary team for the grand opening of the Golden Tulip Hamburg Aviation in Hamburg, Germany. He was also awarded the title of "Certified Sommelier" by the Court of Master Sommeliers, American Chapter. He has worked for Thomas Keller at both Bouchon and The French Laundry, along with many other master chefs. Chef McLean also had the opportunity to cook with Julia Child at was part of the culinary team to serve Julia on her 90th birthday.

The Co-op opened in March of this year. Its mission includes promoting awareness about food, nutrition, health, and cooperative values. Visit losalamos.coop for more information or find the Co-op on Facebook for updates.

Phone: 505-695-1579

Address: 95 Entrada Drive, next to Holiday Inn Express

Website: losalamos.coop

Hours: Monday – Saturday: 7 a.m. to 9 p.m., Sunday: 8 a.m. to 8 p.m.

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